

**WHEEL CHAIR SPORTS WA ASSOCIATION
PRESENTS
WHEELCHAIR BASKETBALL**

Join Wheelchair Sports WA Association in 2008 over three sessions during the January School holidays. Gain greater understanding and appreciation for wheelchair sports and in particular wheelchair basketball. A fully qualified and skilled coach will teach you the skills needed to participate in wheelchair basketball at an introductory level while keeping the sessions fun, friendly and interactive. If you are interested please book early as there are limited spaces available for this program.

MAIN COACH: Wheel Chair Sports WA Assoc.

WHEN & TIME: Thursday 10th and 17th January
1.00-2.00 pm and
Thursday 24th January, **3.00-4.00 pm**

(One hour session over three weeks)

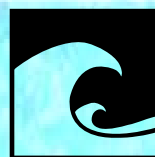
WHERE: Herb Graham Recreation Centre,
Major Stadium

COST: \$1.00 per session

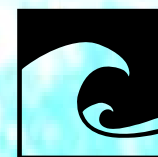
CONTACT: Julia Gyomber, Special Project Officer
on 9440-6062 for enrolment details or further
information or come into the Herb Graham
Recreation Centre, 27 Chesterfield Road,
Mirrabooka



*Linking Community to Sport and Recreation
Options*



**Surf Life Saving WA
presents
On the Same Wave**



Summer in Perth means heading down to the beach and enjoying the beauty of the Indian Ocean but to have fun there are plenty of things you need to be aware of.

Introducing Surf Life Saving's , *On the Same Wave* program which will introduce you to surf awareness, beach activities that will assist with swimming safe and being familiar with the beach environment. This program will help you understand important information to make sure that summer at the beach is safe and a lot of fun!

**TO SECURE YOUR SPOT PLEASE COMPLETE YOUR
ENROLMENT FORM WITH YOUR \$1.00 PAYMENT**

MAIN INSTRUCTORS: Surf Life Saving WA

WHEN: Thursday January 10th and 17th 2008

TIME: 4.00-5.30pm (with 15 minutes to get changed at the start and the end of the session)

WHERE: Sorrento Surf Life Saving Club.

A bus will depart from the Herb Graham Recreation Centre at
3.30pm sharp

BRING: bathers or clothing to swim in, towel,
sunscreen, cap/hat, change of clothes and bottle of water

COST: \$1.00 per session

CONTACT: Julia Gyomber, Special Project Officer on
9440-6062 for enrolment details or further
information or come into the Herb Graham
Recreation Centre, 27 Chesterfield Road,
Mirrabooka



*Linking Community to Sport and
Recreation Options*

